

Quantum Healing: A Path to Wellness

Quantum Healing is a unique and new concept that merges principles from quantum mechanics with the field of healing and wellness. This concept suggests that alterations at the quantum level – the smallest and most fundamental scale of energy and matter can directly influence our physical, mental, and spiritual well-being.

At its core, Quantum Healing merges various disciplines beyond traditional medical or healing practices. It draws inspiration and ideas from fields as diverse as quantum mechanics, psychology, philosophy, and neurophysiology. This blend of knowledge from different spheres aims to provide a more holistic understanding of health and healing.

German physicist Max Planck, the “Father of Quantum Physics” won a Nobel Prize in 1918 for his quantum theory, “every physical body can emit or absorb energy in distinct amounts and the smallest unit of energy that is absorbed or released in the form of electromagnetic radiation is known as quantum”.

In the 1990’s, Deepak Chopra was the first to champion Quantum Healing in the modern world. Chopra coined the term *quantum healing* to invoke the idea of a process whereby a person's health "imbalance" is corrected by quantum mechanical means. Even though he was ridiculed and accused of using pseudoscience, Chopra’s view that a person's thoughts and feelings give rise to all cellular processes was supported by observations of his patients. Here we are, 30 years later, and his beliefs are finally becoming credible.

Quantum Healing is grounded in the notion of interconnectedness. It operates on the principle that everything in the universe, including our bodies, is connected at a fundamental level. This interconnectedness implies that changes in one part of the system, like our energy field, can have far-reaching effects on the whole system, our overall health.

Another core concept of Quantum Healing is that energy is manipulated at a sub-atomic level working within a field of consciousness. This approach is based on the idea that our physical and mental well-being is deeply connected to the smallest particles of energy that make up our universe. This interconnectedness focuses on the concept of balancing and harmonizing imbalanced energy in the body where changes in one part of the system, like our energy field, can have far-reaching effects on the whole system, our overall health.

Quantum Healing also recognizes of the powerful mind-body connection. Techniques often involve mental and meditative practices that harness the power of the mind to influence physical health. This includes visualization techniques, where individuals are guided to visualize their bodies healing, and the power of positive thinking and affirmations to promote a healing mindset.

Here are techniques used often combining elements from various fields. This interdisciplinary approach aims to bring about holistic wellness by addressing issues at their most fundamental energetic level.

1. **Energy Systems:** Many traditions, such as Traditional Chinese Medicine (TCM) and Ayurveda, describe the body as having distinct energy systems or channels through which vital energy flows. Imbalances in these energies are believed to lead to illness or discomfort. Techniques like acupuncture, acupressure, yoga, and meditation are used to restore balance by manipulating these energies.
2. **Biofields and Bioenergetics:** Some theories propose that the body has a biofield or electromagnetic field that influences health. Techniques like Reiki, Healing Touch, or Qi Gong focus on channeling or balancing this energy field to promote healing.
3. **Mind-Body Connection:** There is a recognition in many practices that emotional and mental states can affect the body's energy. Stress, negative emotions, or trauma are believed to disrupt energy flow. Practices such as mindfulness, meditation, and psychotherapy aim to address these issues and restore balance.
4. **Nutrition and Lifestyle:** In holistic approaches, diet, exercise, and lifestyle choices are seen as influential factors in maintaining energy balance. Eating whole foods, staying hydrated, exercising regularly, and getting adequate rest are emphasized to support overall well-being and energy balance.
5. **Spiritual Practices:** For some, practices that involve spiritual or energetic awareness, such as prayer, chanting, or connecting with nature, are ways to harmonize energy. These practices aim to promote a sense of inner peace and alignment, which is believed to support overall health.
6. **Frequency Technologies:** These new technologies are beginning to flood the healing arena – Tachyon, Tesla BioHealers, Genius Biofeedback, scalar technologies. With so many choices, you need to go into your heart and find what resonates for you.

Quantum Healing offers a thought-provoking approach to wellness, blending quantum physics with holistic health concepts which could provide new avenues for personal growth and healing. It advocates for an awareness of our inner energies, which is been known to reduce stress and improve health. This synergy suggests that exploring Quantum Healing through some of these well-established practices could be a grounded, practical approach to healing and wellness.

Harlyene Goss is a facilitator for quantum healing using the technology of Tachyon. For the last 25 years, Harlyene has learned and used many holistic modalities. In time, Harlyene started receiving messages from her guides. In March of 2021, her guides said she needed to bring a Tachyon Chamber into Northern New

England. Having experienced major emotional healing and the pain in her knee disappearing, she understood how this would help many people. In 2022, she founded Dancing Heart Healing located in Wakefield, NH.